

GROUP SWIM LESSONS

Swimming lessons will be scheduled throughout the summer at Milburn Pool. Water safety is an important part of our program and will be included within the curriculum of each swim level. The program objective and mission is to provide a positive, fun-filled opportunity to learn skills that will reduce the number of drowning accidents and provide lifelong aquatic enjoyment. Scholarships are available for swim lessons; see page 6 for more information. **Classes will meet Monday* – Thursday; Friday will be reserved for inclement weather and Holiday make-up days.**

AGES:	6 months – 12 years	
FEE:	CEDAR PARK RESIDENT	NON-RESIDENT
	\$40 per person	\$70 per person
DATES:	May Session	May 16 – May 27
	Session 1	June 6 – June 17
	Session 2	June 20 – July 1
	Session 3*	July 5 – July 15
	Session 4	July 18 – July 29
	Session 5	August 1 – August 12

*Class will begin on July 5th due to the 4th being a Holiday

TIME: Please refer to schedule



ONLINE REGISTRATION

Register online at www.cpparks.net beginning **March 1st**.

- To register, go to the Activities tab at the top of the page and select "Swim Lessons" from the drop box options.
- On the next screen, select "SWIM LESSONS" located in the middle of the screen.
- Then select the type of lesson you are searching for: Group, Private, or Semi-Private Lessons.
- Continue making selections from the options that are presented to you to narrow your search and get the class of choice.

SWIM LEVEL IDENTIFICATION

	<p>TURTLES 6 MONTHS – 2 YEARS</p> <p>This class is for parents and their infant. Parents get in the water with the child. The instructor introduces the parent and infants to the water environment, games, skills and safety. The objective is to form good water habits and to teach the parents how to continue teaching their kids. These classes will be limited to 10 infant/parent couples for 45 minutes (min. class size 5). <i>Prerequisites:</i> Age of 6 mo. – 2 yrs.</p> <p><u><i>*By taking this class it does not mean that the child will be ready to go to the next level. Please take into consideration that every child learns at a different rate.</i></u></p>
	<p>PUPS (BABY DOLPHINS) 2 – 4 YEARS</p> <p>This is an entry level class for beginners that are <u>extremely scared of the water</u>. The object of the class is to get the child comfortable in the water and form good water habits. The class covers the very basic skills of entering and exiting the water, blowing bubbles, bobbing underwater, and floats. The course will be taught the first week with a parent in the water and the second week without a parent. These classes will be limited to 7 kids per 2 instructors and will last for 45 minutes (min. class size 4). <i>Prerequisites:</i> Age of 2-4 yrs.</p> <p><u><i>*By taking this class it does not mean that the child will be ready to go to the next level. Please take into consideration that every child learns at a different rate.</i></u></p>
	<p>DOLPHINS 1 2 – 4 YEARS</p> <p>This is an entry level class for beginners. This class covers entering and exiting the water, blowing bubbles, bobbing underwater, floating and gliding on front & back, and working on breath control and body position. These classes will be limited to 7 kids per 2 instructors and will last for 45 minutes (min. class size 4). <i>Prerequisites:</i> Age of 2-4 yrs. <u><i>*By taking this class it does not mean that the child will be ready to go to the next level. Please take into consideration that every child learns at a different rate.</i></u></p>
	<p>DOLPHINS 2 2 – 4 YEARS</p> <p>This class will build upon Dolphins 1 material. Students will learn freestyle, under water swimming, personal safety and will be introduced to elementary backstroke. This class will be limited to 10 kids per 2 instructors & be divided into two groups; upper & lower level. Class will last for 45 minutes and must have a minimum of 5 participants to make. <i>Prerequisites:</i> Age of 2-4 yrs. Swimmers must be able to submerge face and head, float on front and back unassisted, glide on front and back and be able to perform the early makings of freestyle. <u><i>*By taking this class it does not mean that the child will be ready to go to the next level. Please take into consideration that every child learns at a different rate. Disclaimer: We recommend the class be taken at least 2 times before taking to Whales 2 due to its challenging content.</i></u></p>

SWIM LEVEL IDENTIFICATION CONTINUED...

	<p>WHALES 1 5 – 12 YEARS</p> <p>This is an entry level class for beginners, at an older age. This class covers entering and exiting the water, blowing bubbles, bobbing underwater, floating and gliding on front & back and introducing freestyle. These classes will be limited to 7 kids per 2 instructors and will last for 45 minutes (min. class size 4). <i>Prerequisites:</i> Age of 5-12 yrs. Entry level skills. <u>*By taking this class it does not mean that the child will be ready to go to the next level. Please take into consideration that every child learns at a different rate.</u></p>
	<p>WHALES 2 5 – 12 YEARS</p> <p>This class will build upon Whales 1, or Dolphins 2 material. Students will work on improving their freestyle, under water swimming, personal safety and will be introduced to elementary backstroke, breaststroke and backstroke. This class will be limited to 10 kids per 2 instructor & be divided into two groups; upper and lower level. Class will last for 45 minutes and must have a minimum of 5 participants to make. <i>Prerequisites:</i> Age of 5-12 yrs. Swimmers must be able to submerge face and head, float on front and back unassisted, glide on front and back and perform freestyle. <u>*By taking this class it does not mean that the child will be ready to go to the next level. Please take into consideration that every child learns at a different rate.</u> Disclaimer: We recommend the class be taken at least 2 times before taking to Whales 3 due to its challenging content.</p>
	<p>WHALES 3 5 – 12 YEARS</p> <p>Building upon Whales 2 material this class focuses on stroke improvement. Students will perfect their freestyle and backstroke, breaststroke, and elementary backstroke. Students will be introduced to diving and treading water, and butterfly. These classes will be limited to 6 kids per instructor and will last for 45 minutes (min. class size 3). <i>Prerequisites:</i> Age of 5-12 yrs. Swimmer must be able to breathe to the side while swimming freestyle for 25 feet, bringing arms out of the water, swim backstroke for 25 feet in deep water. <u>*By taking this class it does not mean that the child will be ready to go to the next level. Please take into consideration that every child learns at a different rate.</u></p>
	<p>GREAT WHALES 5 – 12 YEARS</p> <p>Participants refine their technique of all the competitive strokes (freestyle, backstroke, butterfly, and breaststroke) and increase their distance. Flip turns are also introduced. These classes will be limited to 6 kids and will last 45 minutes (min. class size 3). <i>Prerequisites:</i> Age of 5-12 yrs. Whales 3 skills.</p>

GROUP SWIM LESSON SCHEDULE

Legend: T: Turtles PUPS: PUPS D: Dolphins W: Whales GW: Great Whales

MAY SESSION (MAY 16-MAY 27) MILBURN POOL		
TIME	LEVEL	AGE
4:30-5:15	PUPS	2-4
4:30-5:15	D1	2-4
4:30-5:15	W1	5-12
5:30-6:15	T	6m-2yrs
5:30-6:15	D1	2-4
5:30-6:15	W1	5-12
6:30-7:15	D1	2-4
6:30-7:15	D2	2-4
6:30-7:15	W1	5-12
SESSION 1 (JUNE 6-17) MILBURN POOL		
9:00-9:45	D2	2-4
9:00-9:45	W1	5-12
9:00-9:45	W2	5-12
9:00-9:45	W3	5-12
9:00-9:45	GW	5-12
10:00-10:45	T	6m-2yrs
10:00-10:45	PUPS	2-4
10:00-10:45	D1	2-4
10:00-10:45	W1	5-12

TIME	LEVEL	AGE
10:00-10:45	W2	5-12
11:00-11:45	T	6m-2yrs
11:00-11:45	PUPS	2-4
11:00-11:45	D2	2-4
11:00-11:45	W1	5-12
11:00-11:45	W2	5-12
11:00-11:45	W3	5-12
12:00-12:45	D1	2-4
12:00-12:45	D2	2-4
12:00-12:45	W2	5-12
12:00-12:45	W3	5-12
12:00-12:45	GW	5-12
4:00-4:45	T	6m-2yrs
4:00-4:45	D2	2-4
4:00-4:45	W1	5-12
4:00-4:45	W2	5-12
4:00-4:45	W3	5-12
5:00-5:45	PUPS	2-4
5:00-5:45	D1	2-4

SESSION 1 (JUNE 6-17) Continued...		
TIME	LEVEL	AGE
5:00-5:45	W2	5-12
5:00-5:45	W3	5-12
5:00-5:45	GW	5-12
6:00-6:45	D1	2-4
6:00-6:45	D2	2-4
6:00-6:45	W1	5-12
6:00-6:45	W2	5-12
6:00-6:45	W3	5-12
SESSION 2 (JUNE 20- JULY 1) MILBURN POOL		
9:00-9:45	D2	2-4
9:00-9:45	W1	5-12
9:00-9:45	W2	5-12
9:00-9:45	W3	5-12
9:00-9:45	GW	5-12
10:00-10:45	T	6m-2yrs
10:00-10:45	PUPS	2-4
10:00-10:45	D1	2-4
10:00-10:45	W1	5-12
10:00-10:45	W2	5-12
11:00-11:45	T	6 m-2yrs
11:00-11:45	PUPS	2-4
11:00-11:45	D2	2-4
11:00-11:45	W1	5-12
11:00-11:45	W2	5-12
11:00-11:45	W3	5-12
12:00-12:45	D1	2-4
12:00-12:45	D2	2-4
12:00-12:45	W2	5-12
12:00-12:45	W3	5-12
12:00-12:45	GW	5-12
4:00-4:45	T	6m-2yrs
4:00-4:45	D2	2-4
4:00-4:45	W1	5-12
4:00-4:45	W2	5-12
4:00-4:45	W3	5-12
5:00-5:45	PUPS	2-4
5:00-5:45	D1	2-4
5:00-5:45	W2	5-12
5:00-5:45	W3	5-12
5:00-5:45	GW	5-12
6:00-6:45	D1	2-4

TIME	LEVEL	AGE
6:00-6:45	W1	5-12
6:00-6:45	W2	5-12
6:00-6:45	W3	5-12
SESSION 3 (JULY* 5-15) MILBURN POOL		
9:00-9:45	D2	2-4
9:00-9:45	W1	5-12
9:00-9:45	W2	5-12
9:00-9:45	W3	5-12
9:00-9:45	GW	5-12
10:00-10:45	T	6m-2yrs
10:00-10:45	PUPS	2-4
10:00-10:45	D1	2-4
10:00-10:45	W1	5-12
10:00-10:45	W2	5-12
11:00-11:45	T	6 m-2yrs
11:00-11:45	PUPS	2-4
11:00-11:45	D2	2-4
11:00-11:45	W1	5-12
11:00-11:45	W2	5-12
11:00-11:45	W3	5-12
12:00-12:45	D1	2-4
12:00-12:45	D2	2-4
12:00-12:45	W2	5-12
12:00-12:45	W3	5-12
12:00-12:45	GW	5-12
4:00-4:45	T	6m-2yrs
4:00-4:45	D2	2-4
4:00-4:45	W1	5-12
4:00-4:45	W2	5-12
4:00-4:45	W3	5-12
5:00-5:45	PUPS	2-4
5:00-5:45	D1	2-4
5:00-5:45	W2	5-12
5:00-5:45	W3	5-12
5:00-5:45	GW	5-12
6:00-6:45	D1	2-4
6:00-6:45	D2	2-4
6:00-6:45	W1	5-12
6:00-6:45	W2	5-12
6:00-6:45	W3	5-12

SESSION 4 (JULY 18-JULY 29) MILBURN POOL		
TIME	LEVEL	AGE
9:00-9:45	GW	5-12
9:00-9:45	D2	2-4
9:00-9:45	W1	5-12
9:00-9:45	W2	5-12
9:00-9:45	W3	5-12
10:00-10:45	T	6 m-2yrs
10:00-10:45	PUPS	2-4
10:00-10:45	D1	2-4
10:00-10:45	W1	5-12
10:00-10:45	W2	6-12
11:00-11:45	T	6 m-2yrs
11:00-11:45	PUPS	2-4
11:00-11:45	D2	2-4
11:00-11:45	W1	5-12
11:00-11:45	W2	5-12
11:00-11:45	W3	5-12
12:00-12:45	D1	2-4
12:00-12:45	D2	2-4
12:00-12:45	W2	5-12
12:00-12:45	W3	5-12
12:00-12:45	GW	5-12
4:00-4:45	T	6 m-2yrs
4:00-4:45	D2	2-4
4:00-4:45	W1	5-12
4:00-4:45	W2	5-12
4:00-4:45	W3	5-12
5:00-5:45	PUPS	2-4
5:00-5:45	D1	2-4
5:00-5:45	W2	5-12
5:00-5:45	W3	5-12
5:00-5:45	GW	5-12
6:00-6:45	D1	2-4
6:00-6:45	D2	2-4
6:00-6:45	W1	5-12
6:00-6:45	W2	5-12
6:00-6:45	W3	5-12
SESSION 5 (AUGUST 1-12) MILBURN POOL		
9:00-9:45	D2	2-4
9:00-9:45	W1	5-12
9:00-9:45	W2	5-12
9:00-9:45	W3	5-12
9:00-9:45	GW	5-12
10:00-10:45	PUPS	2-4
10:00-10:45	D1	2-4

TIME	LEVEL	AGE
10:00-10:45	W1	5-12
10:00-10:45	W2	5-12
10:00-10:45	GW	5-12
11:00-11:45	T	6 m-2yrs
11:00-11:45	PUPS	2-4
11:00-11:45	D2	2-4
11:00-11:45	W1	5-12
11:00-11:45	W2	5-12
11:00-11:45	W3	5-12
4:00-4:45	T	6 m-2yrs
4:00-4:45	D2	2-4
4:00-4:45	W1	5-12
4:00-4:45	W2	5-12
4:00-4:45	W3	5-12
5:00-5:45	PUPS	2-4
5:00-5:45	D1	2-4
5:00-5:45	W2	5-12
5:00-5:45	W3	5-12
5:00-5:45	GW	5-12
6:00-6:45	D1	2-4
6:00-6:45	D2	2-4
6:00-6:45	W1	5-12
6:00-6:45	W2	5-12
6:00-6:45	W3	5-12

CP Cedar Park Swimming
www.cedarparkswimming.org

- Family-oriented, year round competitive swim club
- Dedicated to developing each swimmer's ultimate potential
- Eight training groups based on age and skill level, ranging from the novice swimmer up to the sectional and national level as well as Masters
- Practices are held Monday - Friday Afternoons and Saturday Mornings
- Practices are held at Elizabeth Millburn Pool in Cedar Park
- Heated swimming pool

REGISTER NOW!

FOR MORE INFORMATION VISIT OUR WEBSITE AT
WWW.CEDARPARKSWIMMING.ORG

PRIVATE & SEMI-PRIVATE SWIM LESSONS

Private and semi-private swim lessons are available for ages 2 years to adult. Sessions are designed for non-swimmers, beginning swimmers or stroke improvement. Each session consists of four 25 minute instructional lessons with 5 minutes for parent/instructor discussion and instructor prep time. Classes will meet at Milburn Pool at the time registered for. Please note that morning lessons take place during our regularly scheduled group lesson times and evening lessons take place during public swimming hours, there will be other people in the pool. Scholarships are available for lessons; see page 6 for more information. **Classes will meet Monday* – Thursday; Friday will be reserved for inclement weather and Holiday make-up days.**

AGES:	2 years – adult	
FEE:	Private Lessons: One student per instructor	
	<u>CEDAR PARK RESIDENT</u>	<u>CEDAR PARK NON-RESIDENT</u>
	\$75 per session	\$100 per session
	Semi-Private Lessons: Two students per instructor	
	<u>CEDAR PARK RESIDENT</u>	<u>CEDAR PARK NON-RESIDENT</u>
	\$50 per session (**1 per student)	\$80 per session (**1 per student)
DATES:	Session 1 (week 1) June 6 – 10	Session 1 (week 2) June 13 - 17
	Session 2 (week 1) June 20 – 24	Session 2 (week 2) June 27 – July 1
	Session 3* (week 1) July 5 – 8	Session 3 (week 2) July 11 – 15
	Session 4 (week 1) July 18 – 22	Session 4 (week 2) July 25 – 29
TIME:	Please refer to schedule	

*Class will begin on July 5th due to the 4th being a Holiday.

**Students must be close to the same level in order to have semi-private lessons together. The Parks & Recreation department does not match students; participants are responsible for finding their own partners for semi-private lessons. If a semi-private session fails to have two students, the class may be cancelled and the students will be rescheduled for a session at a later time.

ONLINE REGISTRATION

WWW.CPPARKS.NET (Available starting March 1, 2016)

Legend: P – Private Lessons

SP – Semi-Private Lessons



SESSION 1 (WEEK 1, JUNE 6-10)	
TIME	TYPE
9:00-9:30	P
9:00-9:30	P
9:00-9:30	SP
9:30-10:00	P
9:30-10:00	P
9:30-10:00	SP
10:00-10:30	P
10:00-10:30	P
10:00-10:30	SP
10:30-11:00	P
10:30-11:00	P
10:30-11:00	SP
11:00-11:30	P
11:00-11:30	P
11:00-11:30	SP
11:30-12:00	P
11:30-12:00	P
11:30-12:00	SP
12:00-12:30	P
12:00-12:30	P
12:00-12:30	SP

SESSION 1 (WEEK 2, JUNE 13-17)	
TIME	TYPE
9:00-9:30	P
9:00-9:30	P
9:00-9:30	SP
9:30-10:00	P
9:30-10:00	P
9:30-10:00	SP
10:00-10:30	P
10:00-10:30	P
10:00-10:30	SP
10:30-11:00	P
10:30-11:00	P
10:30-11:00	SP
11:00-11:30	P
11:00-11:30	P
11:00-11:30	SP
11:30-12:00	P
11:30-12:00	P
11:30-12:00	SP
12:00-12:30	P
12:00-12:30	P
12:00-12:30	SP

SESSION 2 (WEEK 1, JUNE 20-24)	
TIME	TYPE
9:00-9:30	P
9:00-9:30	P
9:00-9:30	SP
9:30-10:00	P
9:30-10:00	P
9:30-10:00	SP
10:00-10:30	P
10:00-10:30	P
10:00-10:30	SP
10:30-11:00	P
10:30-11:00	P
10:30-11:00	SP
11:00-11:30	P
11:00-11:30	P
11:00-11:30	SP
11:30-12:00	P
11:30-12:00	P
11:30-12:00	SP
12:00-12:30	P
12:00-12:30	P
12:00-12:30	SP
SESSION 3* (WEEK 1, JULY 5-8)	
TIME	TYPE
9:00-9:30	P
9:00-9:30	P
9:00-9:30	SP
9:30-10:00	P
9:30-10:00	P
9:30-10:00	SP
10:00-10:30	P
10:00-10:30	P
10:00-10:30	SP
10:30-11:00	P
10:30-11:00	P
10:30-11:00	SP
11:00-11:30	P
11:00-11:30	P
11:00-11:30	SP
11:30-12:00	P
11:30-12:00	P
11:30-12:00	SP
12:00-12:30	P
12:00-12:30	P
12:00-12:30	SP

SESSION 2 (WEEK 2, JUNE 27- JULY 1)	
TIME	TYPE
9:00-9:30	P
9:00-9:30	P
9:00-9:30	SP
9:30-10:00	P
9:30-10:00	P
9:30-10:00	SP
10:00-10:30	P
10:00-10:30	P
10:00-10:30	SP
10:30-11:00	P
10:30-11:00	P
10:30-11:00	SP
11:00-11:30	P
11:00-11:30	P
11:00-11:30	SP
11:30-12:00	P
11:30-12:00	P
11:30-12:00	SP
12:00-12:30	P
12:00-12:30	P
12:00-12:30	SP
SESSION 3 (WEEK 2, JULY 11-15)	
TIME	TYPE
9:00-9:30	P
9:00-9:30	P
9:00-9:30	SP
9:30-10:00	P
9:30-10:00	P
9:30-10:00	SP
10:00-10:30	P
10:00-10:30	P
10:00-10:30	SP
10:30-11:00	P
10:30-11:00	P
10:30-11:00	SP
11:00-11:30	P
11:00-11:30	P
11:00-11:30	SP
11:30-12:00	P
11:30-12:00	P
11:30-12:00	SP
12:00-12:30	P
12:00-12:30	P
12:00-12:30	SP

SESSION 4 (WEEK 1, JULY 18 – 22)	
TIME	TYPE
9:00-9:30	P
9:00-9:30	P
9:00-9:30	SP
9:30-10:00	P
9:30-10:00	P
9:30-10:00	SP
10:00-10:30	P
10:00-10:30	P
10:00-10:30	SP
10:30-11:00	P
10:30-11:00	P
10:30-11:00	SP
11:00-11:30	P
11:00-11:30	P
11:00-11:30	SP
11:30-12:00	P
11:30-12:00	P
11:30-12:00	SP
12:00-12:30	P
12:00-12:30	P
12:00-12:30	SP

SESSION 4 (WEEK 2, JULY 25 – 29)	
TIME	TYPE
9:00-9:30	P
9:00-9:30	P
9:00-9:30	SP
9:30-10:00	P
9:30-10:00	P
9:30-10:00	SP
10:00-10:30	P
10:00-10:30	P
10:00-10:30	SP
10:30-11:00	P
10:30-11:00	P
10:30-11:00	SP
11:00-11:30	P
11:00-11:30	P
11:00-11:30	SP
11:30-12:00	P
11:30-12:00	P
11:30-12:00	SP
12:00-12:30	P
12:00-12:30	P
12:00-12:30	SP

The following policies apply to SWIM LESSONS ONLY:

Missed days: There will be no make-up days for classes missed by the student.

Parents/guardians during the class: Please stay at the pool for the entire swimmer's class in case of an emergency where parental consent for care is required.

Entrance fees: All pool admission fees apply to students, and individuals accompanying them, that wish to swim/practice before or after lessons.

Inclement weather: Class will not be cancelled due to light rain. In the event the aquatics staff feels the rain is creating an unpleasant environment or closes the pool per our thunder/lightning policy, your swim instructor will call the phone number we have on file to inform you of the cancellation. If class is cancelled, the Friday of that week will be used to make up the class.

Class minimum requirements: All classes must meet the minimum number of students required. If your class selection does not meet the minimum students required you will be notified by phone the week prior to the scheduled start date. All attempts will be made to combine students into an adjacent activity in the session, if that is not possible a full refund or credit to your account will be issued.

Low class attendance: All classes are subject to a shorter duration of class time if there are two or fewer students in attendance on a given day. This is done to prevent students from getting too far ahead or too far behind, depending on the situations. If only two students are present the class will be reduced to 30 minutes, and if only one student the class will then be reduced to 20 minutes.

Customer requested cancellation:

- 1.) Cancellations must be in writing with a copy of the receipt submitted to the Parks & Recreation office, by faxing to (512) 259-7543 or by mailing to the Parks & Recreation office.
- 2.) Cancellations received more than two weeks prior to the activity date may receive a refund.
- 3.) Cancellations less than two weeks prior to the activity date: NO REFUND WILL BE ISSUED.
- 4.) Refunds are issued by check from the City of Cedar Park. Please allow 3-4 weeks for processing.
- 5.) A \$7.00 handling fee will be assessed to each customer requested refund.